



# THE RECOVERY ROAD

EVERY MILE, A FIGHTING CHANCE

## WHAT WE'RE DOING

**WALKING FOR YOUTH MENTAL HEALTH. COLLECTING THE DATA. FUNDING THE SOLUTIONS**

A 1,776-mile walk around Minnesota — every county, every corner — collecting stories, documenting gaps, and building the evidence base that forces action. Minnesota is chapter one. The model goes national.

## HOW TO JOIN

### WALK

- Take a walk around your block, hike your favorite trail, log steps at work—every mile counts

### GIVE

- Fund the road, the gaps, or the change!

### TELL

- Tell us who you're walking for
- Tag us on social: #TheRecoveryRoad
- Share what's missing where you live

## THE CRISIS

### MINNESOTA'S YOUTH MENTAL HEALTH GAP

**2 OUT OF 3**

TEENS WITH SUBSTANCE USE STRUGGLES HAD A MENTAL HEALTH DIAGNOSIS FIRST

**90%**

OF ADULTS WITH SUBSTANCE USE DISORDER BEGAN USING AS ADOLESCENTS

**ZERO**

ADOLESCENT MENTAL HEALTH PROGRAMS IN MANY RURAL MN COUNTIES

- The Living Map — real-time, public, every county
- The Gap Report — every legislator's district is in it
- The Policy Brief — St. Paul and Washington DC
- The Documentary — the artifact that outlives the walk
- The Annual Report Card — accountability after the finish line

## WHERE THE MONEY GOES

**30%**  
Powers the Road  
Logistics. Storytelling. Movement.




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**70%**  
Funds the Gaps  
Direct support for behavioral health programs.



INVESTMENT	FUNDING RANGE	WHAT IT SUPPORTS	WHY IT MATTERS
Community Grants	\$2,500-\$10,000	Fast, direct support to organizations in the gaps	Immediate relief where help is needed now
Program Grants	\$10,000-\$50,000	Targeted funding tied to data + community insights	Scales solutions that are already working
System Changes	\$50,000+	Co-funded initiatives with state + federal partners	Builds long-term, sustainable access to care

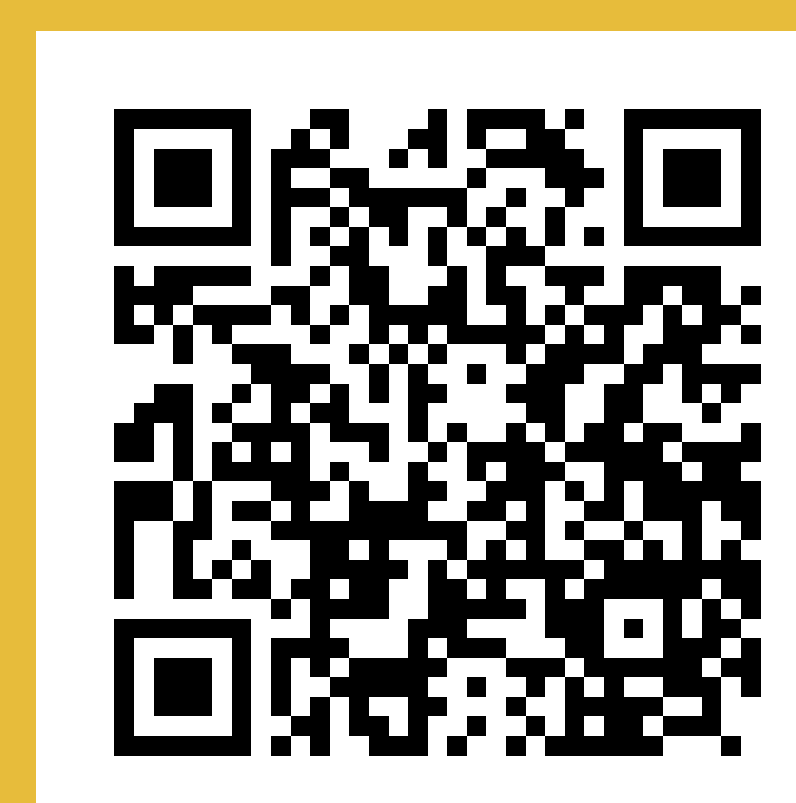
## PARTNER WITH US

Sponsors —Fund the mission  
Partners —Amplify it  
Locals —Bring community to it

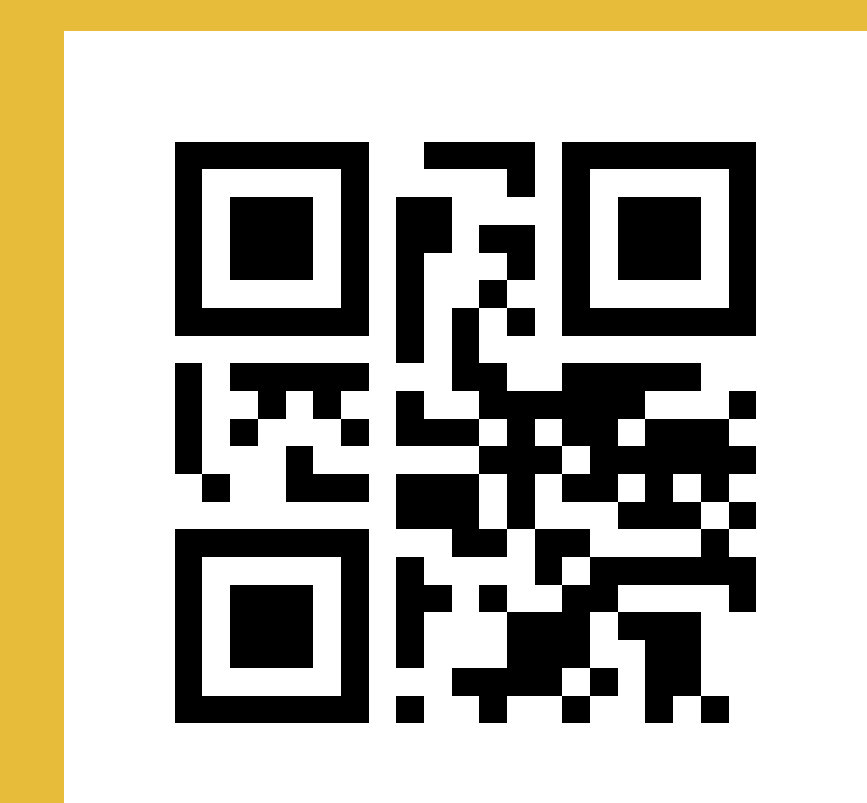
### SPONSOR



### WEBSITE



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